

Christian Foundations

Summary

Being a Christian is not about following rules. Being a Christian is being in a relationship: we are the children and God is our Father.

做一个基督徒不是关于遵守规则。
成为基督徒是进入了一种联系。
我们是孩子，神是我们的父。



Communication is important in any relationship. So it's important to listen to God and speak to him as well. We listen to God by reading the Bible; and we speak to God by praying.

交流在任何关系中都是重要的。所以聆听神和与神对话都是重要的。我们通过读圣经来聆听神，通过祈祷来与神交流。



Praying to God sometimes feels strange, because we can't see him. But we can trust him, and know that he does hear us. Just like a loving father, he wants to hear from his children regularly.

因为我们看不见神，所以祈祷有的时候会感觉奇怪。但是我们相信他并且知道他在听我们。就像一个慈爱的父亲，他想要经常地听到他孩子的情况。



4. Prayer

'Prayer' is when we speak to God.

Read Philippians 4:6

⁶Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

⁶应当毫无忧虑，只要凡事借着祷告祈求，带着感恩的心，把你们所要的告诉神。

Are there any words you're not sure about?

anxious =

prayer =

petition =

Questions

1. What should we be anxious about? 我们应该为什么而忧虑?
2. What can we pray about? 我们可以为什么而祈祷?
3. Who do we present our requests to? 我们把我们的请求告诉给谁?

4a. What are you anxious about at the moment? 你现阶段忧虑什么?

4b. Have you talked to God about these things? If not, why not? 你有向神倾诉这些吗? 如果没有? 为什么不?

5a. What else does this part of the Bible tell us to do when speaking to God? 这部分圣经还告诉你些什么, 当向神倾诉时?

5b. What can you thank God for? 你能感谢神什么?

6a. Do you find praying to God easy or hard? What can make it hard? 你觉得对神祈祷是容易还是难? 是什么使它困难?

6b. Do you have any questions about prayer? 关于祈祷, 你有问题吗?